

# Mayberry Memorial



2019 Annual  
Report

# Our Mission

To promote awareness and research for Lynch syndrome, which is a genetic condition that puts people at a higher risk of certain types of aggressive cancer.

## Mayberry Memorial



## History

Mayberry Memorial was started in memory of Steve Mayberry, who lost his battle with colon cancer in March 2010. Steve was diagnosed with a hereditary condition called Lynch syndrome, which causes a marked increase in the risk of colorectal, endometrial, and other aggressive cancers.

## Who We Are

We fulfill our mission with the support of thousands of people, just like you. We have hosted and participated in many events in an effort to raise funds for research and spread awareness of Lynch syndrome to communities at a higher risk of being affected.

## Where We're Going

As we grow and change as an organization, we plan to diversify and expand our fundraising and outreach events to create a larger, broader impact on the [Lynch community](#).

# About Mayberry Memorial

It is in memory of Steve that we set out to raise awareness and funds for this cause that is now so dear to our hearts.



**Steve Mayberry**, a man who's passion for his family, his friends, and his barbeque was an inspiration to all who knew him.

With a strong family history of cancer that could be traced through at least five generations, Steve was always very proactive about his health. Since the age of 25, Steve received regular colonoscopies and check-ups. Despite this fact, in June of 2009, Steve was diagnosed with stage four colon cancer.

Specifically, Steve had Lynch syndrome, which is a hereditary gene mutation that predisposes people to colon cancer. Men with Lynch syndrome have a 90% risk of contracting cancer in their lifetimes, which is overwhelmingly colon cancer.

**Lynch syndrome** has no cure and its diagnosis is often devastating to patients and their families. With education, early identification and the future advances of modern medicine, however, the effects of this genetic condition can be minimized.

Steve met his wife of 26 years, Suzan, while attending University of Texas at Arlington and they moved to Carrollton to start their family and their life together. Steve and Suzan raised their sons Travis and Kyle for many years in Carrollton before moving down the road to Coppell, where the family settled until the boys graduated high school.

Steve spent his professional career with the United States Postal Service. A career opportunity with USPS moved Steve and Suzan to the Washington, D.C. area, where, only a few short months later, it was learned that Steve had cancer. As Steve's hard-fought battle with cancer was coming to an end, it was important for him to return to Texas, where he could spend his final days with family and friends in the place that he called home for so many years. Steve was always a true Texan at Heart.

# Letter from the President

Hi folks, my name is Travis Mayberry and I am Steve's oldest son and the new President of Mayberry Memorial. Most of you may be familiar with our non-profit organizations' flagship event, the Steve Mayberry Memorial Cook Off, which had been a late September staple in McInnish Park in Carrollton, Texas from 2011-2018.

The goal of this event has always been to raise money for colorectal cancer research and awareness in the name of my late father, Steve Mayberry, who was an avid competition barbeque cooker and taken from us at the early age of 49. After his death we learned he had a genetic mutation called Lynch syndrome, which puts the carrier at a higher risk of certain cancers at a younger age; colon cancer primarily for men and endometrial cancer primarily for women. Being a genetic mutation, it is hereditary and can be passed down to the carrier's children.

And you guessed it – **I have Lynch too.**

So what does colon cancer and Lynch syndrome have to do with anything? Well, if you've been a part of the cook off in the past, you probably noticed we did not have one in 2019. We wanted to grow our impact and raise funds in a way that we haven't in the past. So we took the year off, did some soul searching on what we wanted the impact of this organization to be, and have decided that we are focusing our mission more broadly on Lynch instead of simply colorectal cancer. We're more excited than ever about the direction we're going into 2020.

**This year** we plan to have more fundraising events that bring in the public, and focus more on outreach to communicate Lynch syndrome to our North Texas area and online. We are also planning to partner with other organizations locally who support research and awareness of Lynch syndrome and its family of cancers, such as colorectal and endometrial.



# Outreach and Awareness

I'm Suzan Mayberry, Travis and Kyle's Mom. I chair the Outreach and Awareness Committee and am passionate about educating others about Lynch syndrome.

When Steve died so quickly, we were aghast because Steve was actually between years two and three of his last exam and under a doctor's care. Exams for Steve began at 25 years old when his first polyp was removed. Had he known he had Lynch and to have an exam annually, things may have turned out differently. After he died, I took my two boys, a nephew, and Steve's Aunt to Dr. Boland for genetic testing. Our Lynch mutation is the MS2. My family is textbook, 50% of those who went were positive for hereditary cancer, AKA Lynch syndrome. To date 100% of the 50% are still with us!

With the sentinel organs for Lynch syndrome (LS) being the colon and endometrium, we have supported Fight Colorectal Cancer (FCC) and Baylor Dallas. We are currently looking to expand our support for endometrial cancer, and ask any supporters to send us suggestions for endometrial cancer non profits and charities you are familiar with.

LS families and their family trees will reveal cancer younger, and therefore screenings for these patients must begin sooner. Today there is at least one treatment for Lynch patients and that is an aspirin regimen. **Bottom line** for LS families is that they must know if they carry the mutations and to modify their annual check up schedule to include pap smears and colonoscopies.

Our goal is for **previvors** to not become cancer survivors.



# Fundraising and Impact

## Mayberry Memorial



### Fundraising

We have hosted many cookoffs and other events in the North Texas area both to spread awareness and raise funds.

Fundraising efforts for **2020** will include events from our barbeque roots, as well as some new additions, including:

- A double entry, one-day **steak cook off**
- **Food truck** partnership with local breweries
- Selling prepared **barbeque meals** to local businesses and their employees

### Impact

Since 2011 we have raised over **\$80,000** in the fight against Lynch syndrome cancers, primarily colorectal cancer.

These funds have been donated to **Fight Colorectal Cancer** and **Baylor Heath Care System Foundation**.

We have also raffled off a free colonoscopy at one of our Cook Off events. Shortly after the winner had his procedure, we were informed that he had several **pre-cancerous polyps removed** – a discovery that likely saved his life.

In the future, we are looking to broaden our partnerships and expand our impact – and we need your help!

**Be the first to know** as new events and dates are announced by shooting us an email ([Info@MayberryMemorial.com](mailto:Info@MayberryMemorial.com)) or visiting our website ([MayberryMemorial.com](http://MayberryMemorial.com))

# Mayberry Memorial Board of Directors

## **Travis Mayberry – President**

Steve was my father, and passed away from colon cancer at the age of 49 shortly after I turned 21. I inherited his “do it right the first time” attitude, as well as the same hereditary genetic condition, Lynch syndrome. By day I develop advanced technology capabilities as a mechanical engineer, and by night/weekend I lead the charge for this cause that’s so personal to me and those around me, and for those who haven’t yet been affected by Lynch.

## **Suzan Mayberry – Outreach and Awareness Chair**

Steve and I met in 1981 at UTA, married in 1983 until Lynch Syndrome claimed him after 26 years of marriage. I am retired now after 19 years with the Federal Home Loan Bank where I evaluated collateral, modeled derivatives, and distributed grant money. Now I volunteer for my neighborhood association, other cancer related non profits, and the Dallas Arboretum. This cause is not just in honor of my late husband but for the sake of my precious remaining family and other families who are affected.

## **Tony Williams – Treasurer**

I was fortunate enough to meet Steve Mayberry while competing on the competition BBQ circuit. My wife and I always seemed to gravitate towards the folks who were having fun, as we were. As a result, we were lucky to develop a great and lasting friendship with Steve and his teammates. Like Steve, I was fortunate to have a career with the Federal Government. I have been a National Airspace Operations Manager for 20+ years with the Federal Aviation Administration (FAA) and a Federal employee for over 37 years.

## **John Marsh – Branding/Marketing**

While I never knew Steve personally I have been impacted by his legacy left through his family and friends. I am a business owner with a heavy emphasis on real estate and related industries. I look forward to helping Mayberry Memorial fulfill its mission.

## **Dave Calvery – Secretary**

I met Steve through a mutual friend and joined him forming a barbecue cooking team, the Cosmic Cooks, in 2003. After hitting the road and participating in over 100 barbecue cookoffs we became good friends. Before retiring in 2012, I spent most of my career working in banks or bank-related companies. In honor of Steve’s love for barbecue cooking I helped promote the first Steve Mayberry Memorial cook off in 2010.

## **Kelly Calvery – Fundraising Chair**

I met Steve in 1979 and maintained our family friendship over the years. I was an original member of the Cosmic Cooks BBQ cooking team, as well as Mayberry Memorial. I retired as a principal in Carrollton-Farmers Branch after 33 years in education. I now use my time volunteering at our grandchildren’s schools, serving as the Fundraising Chairman for Mayberry Memorial and competing on the barbecue circuit.

## **Jenny Allen – Branding/Marketing**

As long as I can remember Steve and the Mayberry's were a part of my life. When Steve was diagnosed with cancer, I knew we had to do something to fight against the disease that took the life of our friend, and that fight has kept me motivated to be a part of Mayberry Memorial for the last 10 years. I currently work in the marketing industry where I help clients develop and implement branding and communication efforts.

## **Joe Gibbons – Board Member**

Steve and I became close friends back in 1975 when we both worked in a Carrollton machine shop. We remained very close friends until his death 35 years later. I'm retired now after a 38 year career in the theme park and water park industry where I worked in Asia, South America, the Caribbean, the Middle East and the USA. It's an honor to honor my friend.

# Get Connected!

Mayberry Memorial



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Your support means everything to us and to those who haven't yet been affected by Lynch syndrome!